

**CLUB RECORDS ACHIEVED 2016 – 2017**

**FEMALE LONG COURSE**

| <b>NAME</b>     | <b>TIME</b> | <b>DISTANCE &amp; STROKE</b>   | <b>DATE</b> | <b>MEET</b>                  | <b>AGE GROUP</b> |
|-----------------|-------------|--------------------------------|-------------|------------------------------|------------------|
| Emilie Muir     | 2:25.48     | 200m individual medley (heat)  | 11/12/2016  | Victorian Age Championships  | 13 years         |
| Emilie Muir     | 2:24.40     | 200m individual medley (final) | 11/12/2016  | Victorian Age Championships  | 13 years         |
| Emma-Lee Arnold | 26.57       | 50m freestyle                  | 11/12/2016  | Victorian Age Championships  | 16 years         |
| Emilie Muir     | 2:21.04     | 200m backstroke                | 12/12/2016  | Victorian Age Championships  | 13 years         |
| Emily White     | 2:22.33     | 200m butterfly                 | 13/12/2016  | Victorian Age Championships  | 13 years         |
| Emilie Muir     | 5:05.80     | 400m individual medley         | 15/12/2016  | Victorian Age Championships  | 13 years         |
| Emily White     | 2:21.80     | 200m butterfly (heat)          | 18/01/2017  | SA State Championships       | 13 years         |
| Emily White     | 2:20.05     | 200m butterfly (final)         | 18/01/2017  | SA State Championships       | 13 years         |
| Sophie Healy    | 31.95       | 50m backstroke                 | 19/01/2017  | SA State Championships       | 12 years         |
| Emily White     | 5:04.53     | 400m individual medley         | 19/01/2017  | SA State Championships       | 13 years         |
| Emily White     | 29.24       | 50m butterfly                  | 20/01/2017  | SA State Championships       | 13 years         |
| Alison Munday   | 29.08       | 50m butterfly                  | 20/01/2017  | SA State Championships       | 14 years         |
| Emma-Lee Arnold | 27.72       | 50m butterfly                  | 20/01/2017  | SA State Championships       | 16 years         |
| Emily White     | 1:04.42     | 100m butterfly                 | 21/01/2017  | SA State Championships       | 13 years         |
| Emma-Lee Arnold | 27.42       | 50m butterfly                  | 03/03/2017  | NSW Open Championships       | 16 years         |
| Emilie Muir     | 2:23.41     | 200m individual medley (heat)  | 16/04/2017  | Australian Age Championships | 14 years         |
| Emilie Muir     | 2:22.91     | 200m individual medley (final) | 16/04/2017  | Australian Age Championships | 14 years         |
| Emily White     | 2:22.42     | 200m individual medley         | 17/04/2017  | Australian Age Championships | 13 & 14 years    |
| Emma-Lee Arnold | 26.37       | 50m freestyle (heat)           | 17/04/2017  | Australian Age Championships | 16 years         |
| Emma-Lee Arnold | 26.26       | 50m freestyle (final)          | 17/04/2017  | Australian Age Championships | 16 years         |
| Emily White     | 1:04.05     | 100m butterfly                 | 17/04/2017  | Australian Age Championships | 13 years         |
| Emily White     | 8:54.95     | 800m freestyle                 | 18/04/2017  | Australian Age Championships | 13 & 14 years    |
| Emily White     | 2:19.15     | 200m butterfly                 | 19/04/2017  | Australian Age Championships | 13 years         |
| Emily White     | 4:23.38     | 400m freestyle                 | 20/04/2017  | Australian Age Championships | 13 years         |
| Emma-Lee Arnold | 1:01.19     | 100m butterfly                 | 20/04/2017  | Australian Age Championships | 16 years         |
| Emily White     | 5:00.81     | 400m individual medley         | 21/04/2017  | Australian Age Championships | 13 years         |

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|------------------|-------------|------------------------------|-------------|--|------------------|
| Sophie Healy     | 28.00       | 50m freestyle                | 21/05/2017  | Adelaide Carnival                      | 12 years         |
| Sophie Healy     | 1:09.91     | 100m individual medley       | 28/05/2017  | Marion Carnival                        | 12 years         |
| Sophie Healy     | 1:09.07     | 100m individual medley       | 03/06/2017  | Division 1 Meet                        | 12 years         |
| Isabel McLachlan | 2:14.02     | 200m backstroke (heat)       | 19/07/2017  | SA Short Course Championships          | 14 years         |
| Isabel McLachlan | 2:13.43     | 200m backstroke (final)      | 19/07/2017  | SA Short Course Championships          | 14 years         |
| Alison Munday    | 33.23       | 50m breaststroke (heat)      | 19/07/2017  | SA Short Course Championships          | 15 years         |
| Alison Munday    | 33.13       | 50m breaststroke (final)     | 19/07/2017  | SA Short Course Championships          | 15 years         |
| Emily White      | 2:19.95     | 200m individual medley       | 19/07/2017  | SA Short Course Championships          | 14 years         |
| Emily White      | 8:51.58     | 800m freestyle               | 19/07/2017  | SA Short Course Championships          | 14 years         |
| Emily White      | 2:17.54     | 200m butterfly (heat)        | 20/07/2017  | SA Short Course Championships          | 14 years         |
| Emily White      | 2:15.49     | 200m butterfly (final)       | 20/07/2017  | SA Short Course Championships          | 14 & 15 years    |
| Isabel McLachlan | 1:05.72     | 100m individual medley       | 21/07/2017  | SA Short Course Championships          | 14 years         |
| Alison Munday    | 1:12.10     | 100m breaststroke            | 22/07/2017  | SA Short Course Championships          | 15 years         |
| Emily White      | 4:15.11     | 400m freestyle               | 22/09/2017  | State Teams Championships,<br>Canberra | 14 years         |
| Emilie Muir      | 2:19.03     | 200m individual medley       | 22/09/2017  | State Teams Championships,<br>Canberra | 14 years         |
| Emily White      | 8:47.24     | 800m freestyle               | 22/09/2017  | State Teams Championships,<br>Canberra | 14 years         |
| Emily White      | 4:51.23     | 400m individual medley       | 22/09/2017  | State Teams Championships,<br>Canberra | 14 years         |

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|------------------|-------------|------------------------------|-------------|------------------------------|------------------|
| Peter Zhang      | 2:03.15     | 100m breaststroke            | 06/10/2016  | Marion Carnival              | 8 years          |
| Fergus McLachlan | 1:05.91     | 100m butterfly               | 18/01/2017  | SA State Championships       | 12 years         |
| Fergus McLachlan | 2:30.58     | 200m butterfly               | 19/01/2017  | SA State Championships       | 12 years         |
| Fergus McLachlan | 29.56       | 50m butterfly (heat)         | 21/01/2017  | SA State Championships       | 12 years         |
| Fergus McLachlan | 29.40       | 50m butterfly (final)        | 21/01/2017  | SA State Championships       | 12 years         |
| Fergus McLachlan | 2:25.64     | 200m butterfly               | 18/03/2017  | Last Blast of Summer         | 12 years         |
| Fergus McLachlan | 1:05.06     | 100m butterfly               | 17/04/2017  | Australian Age Championships | 12 years         |

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|------------------|-------------|--|-------------|----------------------------------|------------------|
| Fergus McLachlan | 30.25       | 50m butterfly                                | 17/11/2016  | Independent Primary Schools Meet | 12 years         |
| Fergus McLachlan | 30.23       | 50m butterfly                                | 12/03/2017  | Onkaparinga Carnival             | 12 years         |
| Hugh Caton       | 1:27.44     | 100m backstroke                              | 18/06/2017  | Norwood Carnival                 | 9 years          |
| Lucas Bradley    | 26.41       | 50m freestyle                                | 01/07/2017  | Division 1 Meet                  | 13 years         |
| Lucas Bradley    | 32.65       | 50m breaststroke                             | 19/07/2017  | SA Short Course Championships    | 13 years         |
| Lucas Bradley    | 1:02.88     | 100m butterfly                               | 19/07/2017  | SA Short Course Championships    | 13 years         |
| Lucas Bradley    | 25.75       | 50m freestyle                                | 20/07/2017  | SA Short Course Championships    | 13 years         |
| Mitchell Follett | 25.24       | 50m butterfly                                | 22/07/2017  | SA Short Course Championships    | 16 years         |
| Lucas Bradley    | 25.35       | 50m freestyle (Lead swimmer 4x50m F/S relay) | 23/07/2017  | SA Short Course Championships    | 13 years         |
| Lucas Bradley    | 1:02.19     | 100m butterfly (heat)                        | 03/09/2017  | Victorian State Age SC           | 13 years         |
| Lucas Bradley    | 1:01.17     | 100m butterfly (final)                       | 03/09/2017  | Victorian State Age SC           | 13 years         |