



## NORWOOD SWIMMING CLUB LONG COURSE CARNIVAL 30<sup>ST</sup> OCTOBER 2020

### EVENT INFORMATION

The Norwood Swimming Club is excited to welcome you to our 2021 Long Course Carnival at the Payneham Swimming Pool. We are looking forward to a sunny, fun filled, team-oriented day of racing.

Due to COVID-19 there have been some changes to the way we will conduct our carnival and we thank you for your understanding and patience as we work through these challenging times. The measures introduced are to ensure a healthy community and we would ask that every attendee "Do the Right Thing" enabling an enjoyable and successful afternoon.

#### HEALTH DECLARATION

Please do not be complacent or panic about COVID-19. A sensible, cautious and community minded approach to your health at this time is required.

**Do not attend if you are unwell or are experiencing any of the following symptoms**

- Fever Cough Sore throat Muscle and/or joint pain Stuffy nose Headache Fatigue
- Diarrhoea Vomiting Running nose Breathing difficulty Feeling unwell

By registering to swim, nominating to coach/officiate and/or purchasing a ticket to attend you have agreed to the Swimming SA COVID-19 Terms & Conditions.

#### VENUE ACCESS – **GATES OPEN 8:30 AM**

Entry to the carnival will be through the main entry to the swimming centre. Please note masks must be worn while entering the venue. They are not required once in the pool enclosure.

Like Swimming SA meets, Swimmers will be checked off on arrival. Adult spectators (\$5) and siblings (free) **MUST have pre-purchased a ticket via Swim Central** prior to arriving at the event and will also be checked off at entry. Carnival Programs are also available to purchase on Swim Central.

Please ensure you are socially distancing and being patient when queuing at the venue entry.

All ticketing and registrations must be done through Swim Central.

**NO Ticket = NO ENTRY**

#### PROGRAMS

Please note to reduce manual handling spectator programs must be PRE-ORDERED on Swim Central. Meet Mobile will be in use for results.

Programs will be available for Officials and Time Keepers



### **SEATING**

Each Club will be allocated an area on the lawn for seating during this event. This is to be used as a guide only as numbers will vary from club to club and at different times of the day. Please do your best to stay within you designated spaces as best you can.

Please ensure you are social distancing and we suggest spectators sit at the front facing the pool and all swimming gear and bags are placed at the rear of your area to allow more room for people to sit.

Clubs please remember to bring your own shade/gazebos for the day to protect you from the sun and the weather.

### **VENUE PATHWAYS and ROOM LIMITS**

While you are at the carnival, please note the signage and directions for movement around the pool and the limits on the number of people in the toilets and other areas.

### **WARM UP**

Swimmers and coaches please note the wading and toddler pools are not to be used for warm up or cool downs.

**Official Warm Up will begin at 8:45am and finish at 9:20am**

Clubs have been allocated lanes for warm up as follows –

LANE 1 – Marion

LANE 2 – Starplex, Barossa, Tea Tree Gully

LANE 3 – Clovercrest, Gawler, Henley & Grange, Kent Town

LANE 4 – Immanuel, Onkaparinga, Southern Performance

LANE 5 – Mountain Pool, Murray Bridge, Payneham, Playford, Western Aquatic, West Coast,

LANE 6 – Norwood, The Parks

LANE 7 – Norwood

LANE 8 – Norwood

Please ensure social distancing where possible when undertaking all activities at the pool. We will be starting over the top and exit from the pool itself will all be in one direction, exiting on the eastern side at both the start and turn ends.

### **FIRST RACE**

**Racing will start at 9:30am sharp**, anticipated finish is 4:45pm as a guide only.

### **MARSHALLING**

Marshalling will be held under a marquee at the North Western corner of the pool complex behind the Wading Pool.

2 sets of boxes will be provided for swimmers equipment/towels used in the same manner as the recent Swimming SA meets.



### **SANITISATION**

During the event Sanitisation stations will be available to attendees in various places at the venue.

Please ensure you utilise the sanitisation stations as needed.

We also encourage attendees to bring personal sanitiser if that is your preference.

### **FOOD / DRINK**

We will be holding an all day **Gourmet BBQ & Toastie Stall** and **Cake Stall** during the carnival.

Tickets for BBQ items and the Cake Stall are to be purchased from the Cashier station where you will be given a ticket to take and collect your food item from the relevant stall. Card transactions are preferred.

The Payneham Swimming Pool Kiosk will also be available for food and beverages.

Please note social distancing applies when waiting to be served.

All food and drink must be consumed back in your respective seating areas.

### **BATHROOMS**

Density limits apply to bathrooms and will be signed for your information.

Please do your best to ensure this limitation is met and do not congregate in the bathroom and masks are to be worn while in the bathrooms.

### **OFFICIALS and TIME KEEPERS BRIEFING**

**Team Managers Briefing is at 9:10am in the clubroom adjacent to the kiosk** – please ensure you are on time for the briefing.

**The Officials & Time Keepers Briefing is at 9:20am in the clubroom adjacent to the kiosk.** Could all time keepers who are on the first shift please move straight to their allocated lanes as soon as the briefing is finished.

### **LUCKY SQUARE STALL AND FUNKITA RAFFLE**

The Norwood Swimming Club are again thrilled to have Way Funky on board as our major sponsor.

At our **Lucky Square Stall**, for \$5 per square, you will go in the draw to win a Funkita Backpack and 2 Vouchers for a free pair of Funky Trunks or Funkita bathers (excluding Performance Wear) from the Swimmer Shop at the Norwood Swim School. That's 2 pairs of bathers to be won for each Lucky Square Competition!

Our **Funkita Raffle** prize winners will win vouchers for \$250/\$150/\$50 vouchers off Funkita Apex Performance wear and each prize winner will also win a Voucher for a free pair of Funky Trunks or Funkita bathers from the Swimmer Shop at the Norwood Swim School

### **COVID-SAFE PLAN**

The COVID-Safe plan is available for all attendees to review as per SA Government direction requirements. Please see the Carnival Director, Andrew Bahr if you would like to review it.