

# NORWOOD Swimming Club Records

## Male Short Course

30/09/2023

	7 Years	8 Years	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 Years	16 Years	17 Years	Open
<b>FREESTYLE</b>												
<b>50m</b>	B Arbon	M Carter	B Nagel	J Nesbitt	H Caton	L Monfries	L Bradley	K Chalmers	K Chalmers	J Bastian	J Bastian	C Wong
	40.34	37.50	33.20	31.50	29.00	27.51	25.35	23.65	23.65	23.60	23.60	22.72
<b>100m</b>	S Lewis	S Lewis	B Nagel	B Nagel	H Caton	M Langman	K Chalmers	L Rieck	L Rieck	D Potts	D Potts	H Stoeckel
	1:31.36	1:25.29	1:13.30	1:09.70	1:04.63	59.45	54.36	51.67	51.67	50.13	49.83	49.21
<b>200m</b>	S Lewis	S Lewis	B Nagel	J Nesbitt	C Causer	L Monfries	C Causer	L Rieck	D Potts	D Potts	D Potts	D Potts
	3:12.48	3:05.07	2:35.80	2:26.96	2:22.03	2:08.59	2:03.77	1:52.66	1:50.80	1:47.96	1:46.76	1:46.76
<b>400m</b>	L Curtis	P Bishop	B Nagel	B Nagel	M Langman	L Monfries	L Monfries	D Potts	D Potts	D Potts	D Potts	D Potts
	8:20.66	6:45.20	5:22.50	5:03.11	4:55.72	4:31.29	4:24.09	3:56.49	3:51.84	3:50.66	3:46.48	3:46.48
<b>800m</b>	L Curtis	P Bishop	M Lewis	B Nagel	R Nagel	L Monfries	M Lewis	D Potts	D Potts	D Potts	D Potts	D Potts
	16:41.38	13:17.00	12:11.22	10:39.70	10:03.30	9:29.87	9:13.00	8:09.42	8:00.78	8:00.78	8:00.78	8:00.78
<b>1500m</b>	No record	D Treloar	M Cowdrey	P Bishop	B Nagel	R Nagel	L Monfries	D Potts	D Potts	D Potts	D Potts	D Potts
		32:43.60	25:37.47	21:58.80	19:48.30	18:43.80	17:23.06	15:48.97	15:28.36	15:28.36	14:57.42	14:57.42
<b>BACKSTROKE</b>												
<b>50m</b>	S Lewis	M Carter	B Nagel	B Brewerton	L Monfries	L Monfries	L Rieck	L Rieck	L Rieck	D Potts	F McLachlan	H Stoeckel
	49.14	43.53	39.90	35.81	33.38	31.84	28.65	26.48	26.48	26.13	25.82	24.06
<b>100m</b>	S Lewis	P Bishop	H Caton	J Nesbitt	J Nesbitt	P Ferguson	L Rieck	L Rieck	L Rieck	F McLachlan	F McLachlan	H Stoeckel
	1:42.51	1:37.30	1:27.44	1:16.25	1:13.37	1:09.18	1:00.53	56.79	56.79	56.19	54.97	51.81
<b>200m</b>	No record	P Bishop	B Nagel	B Nagel	C Valente	L Monfries	A P-Hughes	L Rieck	D Potts	D Potts	D Potts	B Edmonds
		3:31.40	3:05.20	2:49.10	2:35.67	2:28.14	2:15.63	2:05.13	2:03.51	1:57.60	1:56.39	1:55.02
<b>BREASTSTROKE</b>												
<b>50m</b>	W Hall	W Hall	W Hall	J Gramp	W Hall	L Monfries	L Bradley	L Bekric	A van de Loo	H Biddell	J Palmer	J Palmer
	53.74	50.17	43.95	39.45	37.34	35.12	32.65	31.59	30.13	29.16	28.33	28.33
<b>100m</b>	W Hall	W Hall	W Hall	J Gramp	W Hall	L Monfries	L Monfries	L Bekric	A van de Loo	H Biddell	H Biddell	H Biddell
	1:54.65	1:48.29	1:39.28	1:25.18	1:20.16	1:15.70	1:11.57	1:08.19	1:06.48	1:02.29	1:00.82	1:00.82
<b>200m</b>	D Treloar	D McKenzie	B Nagel	J Gramp	M McKenzie	L Monfries	L Monfries	S Moffat	Derek Lee	H Biddell	H Biddell	H Biddell
	4:30.40	4:25.80	3:25.20	3:07.28	3:01.60	2:42.74	2:34.23	2:31.20	2:26.58	2:14.01	2:11.31	2:11.31
<b>BUTTERFLY</b>												
<b>50m</b>	S Lewis	B Arbon	B Arbon	B Brewerton	F McLachlan	F McLachlan	K Chalmers	L Rieck	L Rieck	L Rieck	J Smith	C Wong
	54.51	43.20	39.39	34.48	31.77	30.23	26.40	25.08	25.08	25.08	24.80	24.54
<b>100m</b>	No record	P Bishop	P Bishop	B Nagel	F McLachlan	L Monfries	L Rieck	K Chalmers	K Chalmers	D Potts	J Smith	H Stoeckel
		1:55.17	1:30.08	1:21.80	1:11.66	1:05.14	1:00.03	56.58	56.58	56.02	54.95	53.10
<b>200m</b>	No record	No record	P Bishop	B Nagel	F McLachlan	L Monfries	L Monfries	D Potts	F McLachlan	D Potts	D Potts	I Melhuish
			3:33.60	3:02.60	2:40.61	2:20.56	2:20.56	2:09.43	2:07.21	2:01.39	2:01.39	1:58.50
<b>INDIVIDUAL MEDLEY</b>												
<b>100m</b>	B Zhang	B Arbon	T Mazur	J Nesbitt	J Nesbitt	L Monfries	K Chalmers	K Chalmers	B Brewerton	D Potts	F McLachlan	C Wong
	1:58.18	1:33.26	1:32.41	1:18.45	1:14.93	1:07.35	1:02.30	59.55	59.34	58.78	57.25	55.05
<b>200m</b>	No record	P Bishop	B Nagel	J Gramp	J Nesbitt	L Monfries	A P-Hughes	L Rieck	D Potts	H Biddell	H Biddell	M Bacon
		3:33.99	3:06.00	2:48.40	2:40.34	2:25.23	2:20.80	2:08.45	2:06.68	2:06.61	2:04.47	1:59.38
<b>400m</b>	No record	D McKenzie	B Nagel	B Nagel	J Nesbitt	L Monfries	L Monfries	D Potts	D Potts	D Potts	D Potts	M Bacon
		8:41.19	6:28.60	6:00.80	5:35.20	5:12.76	4:53.83	4:28.93	4:25.29	4:15.24	4:14.00	4:12.91